

MARCH 2018

MON TUE WED THUR FRI

Special Announcements

Brewer Middle School Café

Variety of Sandwiches & salads are offered daily. Choice of skim Chocolate Milk or 1% white Milk with each meal.

M-W-F: Variety of Pizza
T-TH: Hamburger/Cheeseburger

To view your student's daily purchases, lunch account balance, apply for free or reduced meals, and/or pre pay lunch account go to brewerbearcafe.com

'YOU ART WHAT YOU EAT'
ART CONTEST
CREATE & ENTER!
STARTS MARCH 18!
squaremeals.org/artcontest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Good Eats at: BREWER MIDDLE SCHOOL

Breaded Chicken Drumstick or Salisbury Steak w/ Wheat Roll Mashed Potatoes Steamed Spinach Glazed Carrots Chilled Variety of Fruits 5	Crispy Fish Sticks Ketchup Mac n Cheese Ranch Style Beans Large Garden Salad Chilled Variety of Fruit 6	Build Your Own Salad Popcorn Chicken w/ Roll Romaine/ Spinach Mix, Tomato, Diced Celery, Black Beans, Corn, Mandarin Oranges, Diced Apples, Chilled Variety of Fruit 7	BBQ Sandwich (Texas Western Pork or Beef) Baked Tater Tots Ranch Style Beans Chilled Variety of Fruit 1	Variety of Personal Pan Pizza or Cheese Breadsticks w/ Marinara Corn, Green Beans Garden Salad Chilled Variety of Fruit 2
Turkey Hot Dog* Broccoli w/ Cheese Baked Tater Tots Lettuce, Tomato, Pickle Chilled Variety of Fruit <i>*Nitrate Free</i> 8	Fish Hoagie Sandwich or Penne Pasta w/ Beef Meatballs Garlic Texas Toast Green Beans Black-eyed Peas Garden Salad Chilled Variety of Fruit 8	HOLIDAY 12		
Steak Fingers or Roasted Chicken w/ Wheat Roll Mashed Potatoes Glazed Carrots Garden Salad Chilled Variety of Fruit 19	Breaded/Grilled Chicken Sandwich on Wheat Bun Broccoli & Cheese Veggies w/ Dip Lettuce, Tomato, Pickle Chilled Variety of Fruit 20	Beef N Cheese Nachos Corn Refried Beans Garden Salad Chilled Variety of Fruit 21	Turkey Corn Dog Baked Potato Smiles Baked Vegetarian Beans Lettuce, Tomato, Pickle Chilled Variety of Fruit 22	Breaded Orange Chicken w/ Brown Rice Peas & Carrots Carrot Sticks w/ Dip Large Spinach Salad Fortune Cookie Chilled Variety of Fruit 23
Chicken Nuggets w/ Wheat Roll Mashed Potatoes Glazed Carrots Steamed Spinach Chilled Variety of Fruit 26	Grilled Cheese Sandwich Homemade Vegetable Soup Black Eyed Peas Garden Salad Chilled Variety of Fruit 27	Brewer Bear Chili Cornbread or Nacho Chips Large Garden Salad Corn Chilled Variety of Fruit 28	BBQ Sandwich (Texas Western Pork or Beef) Baked Tater Tots Ranch Style Beans Chilled Variety of Fruit 29	Variety of Personal Pan Pizza or Cheese Breadsticks w/ Marinara Corn, Green Beans Garden Salad Chilled Variety of Fruit 30
HOLIDAY 13			HOLIDAY 15	
HOLIDAY 16				

SCHOOL BREAKFAST WEEK
MARCH 5-9
squaremeals.org/sbw

WSISD Offers Fresh Fruits Daily!
Some examples are:
-strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas
All our vegetables are fresh or from frozen and include:
-tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, mushrooms, radishes