

# MAY 2018

MON TUE WED THUR FRI

Good Eats at:

**BREWER MIDDLE SCHOOL**

## Special Announcements

### Brewer Middle School Café

Variety of Sandwiches & salads are offered daily. Choice of skim Chocolate Milk or 1% white Milk with each meal.

**M-W-F:** Variety of Pizza  
**T-TH:** Hamburger/Cheeseburger

To view your student's daily purchases, lunch account balance, apply for free or reduced meals, and/or pre pay lunch account go to

[brewerbearcafe.com](http://brewerbearcafe.com)



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



**'YOU ART WHAT YOU EAT'**  
ART CONTEST  
CREATE & ENTER!  
ENDS MARCH 18!  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

MON	TUE	WED	THUR	FRI
	<b>Breaded/Grilled Chicken Sandwich on Wheat Bun</b> Broccoli & Cheese Veggies w/ Dip Lettuce, Tomato, Pickle Chilled Variety of Fruit <b>1</b>	<b>Beef N Cheese Nachos</b> Corn Refried Beans Garden Salad Chilled Variety of Fruit <b>2</b>	<b>Turkey Corn Dog</b> Baked Potato Smiles Baked Vegetarian Beans Lettuce, Tomato, Pickle Chilled Variety of Fruit <b>3</b>	<b>Breaded Orange Chicken w/ Brown Rice</b> Peas & Carrots Carrot Sticks w/ Dip Large Spinach Salad Fortune Cookie Chilled Variety of Fruit <b>4</b>
<b>Chicken Nuggets w/ Wheat Roll</b> Mashed Potatoes Glazed Carrots Steamed Spinach Chilled Variety of Fruit <b>7</b>	<b>Grilled Cheese Sandwich</b> Green Beans Veggie Sticks w/ Dip Garden Salad Chilled Variety of Fruit <b>8</b>	<b>Beef Soft or Crispy Tacos w/ Cheese</b> Pinto Beans Large Garden Salad Spanish Rice Chilled Variety of Fruit <b>9</b>	<b>BBQ Sandwich (Texas Western Pork or Beef)</b> Baked Tater Tots Ranch Style Beans Chilled Variety of Fruit <b>10</b>	<b>Fiestada Pizza or Cheesy Pizza Bites w/ Marinara</b> Corn, Green Beans Garden Salad Chilled Variety of Fruit <b>11</b>
<b>Breaded Chicken Drumstick or Salisbury Steak w/ Wheat Roll</b> Mashed Potatoes Steamed Spinach Glazed Carrots Chilled Variety of Fruit <b>14</b>	<b>Crispy Fish Sticks</b> Ketchup Mac n Cheese Ranch Style Beans Large Garden Salad Chilled Variety of Fruit <b>15</b>	<b>Build Your Own Salad</b> Popcorn Chicken w/ Roll Romaine/ Spinach Mix, Tomato, Diced Celery, Black Beans, Corn, Mandarin Oranges, Diced Apples, Chilled Variety of Fruit <b>16</b>	<b>Turkey Hot Dog*</b> Broccoli w/ Cheese Baked Tater Tots Lettuce, Tomato, Pickle Chilled Variety of Fruit <b>*Nitrate Free 17</b>	<b>Penne Pasta w/ Beef Meatballs</b> Garlic Texas Toast Green Beans Black-eyed Peas Garden Salad Chilled Variety of Fruit <b>18</b>
<b>Steak Fingers w/ Wheat Roll</b> Mashed Potatoes Glazed Carrots Garden Salad Chilled Variety of Fruit <b>21</b>	<b>Breaded/Grilled Chicken Sandwich on Wheat Bun</b> Broccoli & Cheese Veggies w/ Dip Lettuce, Tomato, Pickle Chilled Variety of Fruit <b>22</b>	<b>SPLASH DAY</b> Pizza Corn Green Beans Large Garden Salad Chilled Variety of Fruit <b>23</b>	<b>Turkey Corn Dog</b> Baked Potato Smiles Baked Vegetarian Beans Lettuce, Tomato, Pickle Chilled Variety of Fruit <b>24</b>	<b>HOLIDAY</b> <b>25</b>
<b>HOLIDAY</b> <b>28</b>	<b>NO SCHOOL</b> <b>29</b>	<b>NO SCHOOL</b> <b>30</b>	<b>NO SCHOOL</b> <b>31</b>	<b>Fun on...</b>

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger



### WSISD Offers Fresh Fruits Daily! Some examples are:

- strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

### All our vegetables are fresh or from frozen and include:

- tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes