

# JANUARY 2018

MON TUE WED THUR FRI

Good Eats at:

## FCLC LUNCH

Special Announcements

First Class Learning Center  
Liberty Café

To view your student's daily purchases, lunch account balance, apply for free or reduced meals, and/or pre pay lunch account go to [brewerbearcafe.com](http://brewerbearcafe.com)

MON	TUE	WED	THUR	FRI
<b>HOLIDAY</b> 1	<b>HOLIDAY</b> 2	<b>HOLIDAY</b> 3	<b>Crispy Fish Sticks</b> Mac N Cheese Ranch Style Beans Chilled Variety of Fruit 4	<b>Whole Grain Cheese Pizza</b> Corn Carrot Sticks w/ Dip Chilled Variety of Fruit 5
<b>Steak Fingers w/ Wheat Roll</b> Mashed Potatoes Green Peas Chilled Variety of Fruit 8	<b>Breakfast for Lunch</b> Pancakes Turkey Sausage Tater Tots Chilled Variety of Fruit 9	<b>Beef Soft Tacos w/ Wheat Tortilla</b> Pinto Beans Spanish Rice Garden Salad Chilled Variety of Fruit 10	<b>Popcorn Chicken w/ Wheat Roll</b> Green Beans Corn Chilled Variety of Fruit 11	<b>Cheese Pizza</b> Corn Carrot Sticks w/ Dip Chilled Variety of Fruit 12
<b>HOLIDAY</b> 15	<b>Grilled Cheese Sandwich</b> Homemade Vegetable Soup Black Eyed Peas Chilled Variety of Fruit 16	<b>Penne Pasta w/ Chicken Meatballs &amp; Marinara Sauce</b> Garlic Toast Green Beans Chilled Variety of Fruit 17	<b>Cheeseburger</b> Lettuce, Tomato (Hall C) Vegetarian Beans Baked Tater Tots Chilled Variety of Fruit 18	<b>Whole Grain Cheese Pizza</b> Corn Veggie Sticks w/ Dip (Hall C) Chilled Variety of Fruit 19
<b>Salisbury Steak w/ Wheat Roll</b> Mashed Potatoes Glazed Carrots Chilled Variety of Fruit 22	<b>Grilled Chicken on A Wheat Bun</b> Broccoli & Cheese Veggies w/ Dip Lettuce, Tomato, Pickle Chilled Variety of Fruit 23	<b>Beef Soft Tacos w/ Wheat Tortilla</b> Refried Beans Garden Salad Chilled Variety of Fruit 24	<b>Crispy Fish Sticks</b> Mac N Cheese Ranch Style Beans Chilled Variety of Fruit 25	<b>Whole Grain Cheese Pizza</b> Corn Carrot Sticks w/ Dip Chilled Variety of Fruit 26
<b>Steak Fingers w/ Wheat Roll</b> Mashed Potatoes Green Peas Chilled Variety of Fruit 29	<b>Turkey Corn Dog*</b> Broccoli & Cheese Potato Smiles Chilled Variety of Fruit *Nitrate Free 30	<b>Beef Soft Tacos w/ Wheat Tortilla</b> Pinto Beans Spanish Rice Garden Salad Chilled Variety of Fruit 31		

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**HAPPY NEW YEAR!**

**WSISD Offers**

**Fresh Fruits Daily!**

**Some examples**

**are:**

- strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

**All our vegetables**

**are fresh or from**

**frozen and**

**include:**

- tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**