

MAY 2018

MON TUE WED THUR FRI

Good Eats at:

FCLC BREAKFAST

'YOU ART WHAT YOU EAT'
ART CONTEST
CREATE & ENTER!
ENDS MARCH 18!
squaremeals.org/artcontest

Special Announcements

First Class Learning Center

Breakfast Menu

Graham crackers offered daily as another choice.

A good breakfast fuels you up and gets you ready for the day.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



	Turkey Sausage w/ Biscuit Juice and or Fruit Milk 1	Cinnamon Toast Juice and or Fruit Milk 2	Ham and Egg Croissant Sandwich Juice and or Fruit Milk 3	Wheat Cinnamon Roll Juice and or Fruit Milk 4
French Toast Sticks Juice and or Fruit Milk 7	Breakfast Pizza Juice and or Fruit Milk 8	Cereal Parfait Juice and or Fruit Milk 9	Scrambled Eggs and Toast Juice and or Fruit Milk 10	Wheat Cinnamon Roll Juice and or Fruit Milk 11
Pancake and Sausage On a stick Juice and or Fruit Milk 14	Health Smart Whole Grain Mini Donuts Juice and or Fruit Milk 15	Cinnamon Toast (2) Juice and or Fruit Milk 16	Breakfast Burrito Juice and or Fruit Milk 17	Wheat Cinnamon Roll Juice and or Fruit Milk 18
Pancakes (2) Juice and or Fruit Milk 21	Turkey Sausage w/ Biscuit Juice and or Fruit Milk 22	Cinnamon Toast Juice and or Fruit Milk 23	Ham and Egg Croissant Sandwich Juice and or Fruit Milk 24	HOLIDAY 25
HOLIDAY 28	NO SCHOOL 29	NO SCHOOL 30	NO SCHOOL 31	

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger



WSISD Offers Fresh Fruits Daily!

Some examples are:

- strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

All our vegetables are fresh or from frozen and include:

- tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes