

# MARCH 2018

MON TUE WED THUR FRI

## Special Announcements

### First Class Learning Center Breakfast Menu

Graham crackers offered daily as another choice.

A good breakfast fuels you up and gets you ready for the day.

**'YOU ART WHAT YOU EAT'**  
ART CONTEST  
CREATE & ENTER!  
STARTS MARCH 18!  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



Good Eats at:

## FCLC BREAKFAST

MON	TUE	WED	THUR	FRI
Pancake and Sausage On a stick Juice and or Fruit Milk 5	Health Smart Whole Grain Mini Donuts Juice and or Fruit Milk 6	Cinnamon Toast (2) Juice and or Fruit Milk 7	Scrambled Eggs and Toast Juice and or Fruit Milk 1	Wheat Cinnamon Roll Juice and or Fruit Milk 2
HOLIDAY 12	HOLIDAY 13	HOLIDAY 14	HOLIDAY 15	HOLIDAY 16
Pancakes (3) Juice and or Fruit Milk 19	Turkey Sausage w/ Biscuit Juice and or Fruit Milk 20	Cinnamon Toast Juice and or Fruit Milk 21	Breakfast Burrito Juice and or Fruit Milk 8	Wheat Cinnamon Roll Juice and or Fruit Milk 9
Ham and Egg Croissant Sandwich Juice and or Fruit Milk 22	French Toast Juice and Fruit Milk 26	Breakfast Pizza Juice and or Fruit Milk 27	Cereal Parfait Juice and or Fruit Milk 28	Wheat Cinnamon Roll Juice and or Fruit Milk 23
Scrambled Eggs and Toast Juice and or Fruit Milk 29	Wheat Cinnamon Roll Juice and or Fruit Milk 30			

**SCHOOL BREAKFAST WEEK**  
MARCH 5-9  
[squaremeals.org/sbw](http://squaremeals.org/sbw)

### WSISD Offers Fresh Fruits Daily! Some examples are:

-strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

### All our vegetables are fresh or from

**frozen and include:**  
-tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes