IMPORTANT

Beginning, Monday, May 6 NO NEGATIVE BALANCES on student's meal accounts. If you have a negative balance, students will be given a courtesy meal. Go to schoolcafe.com to view





Beef Soft Tacos w/Wheat Tortilla

Spanish Rice Pinto Beans Lettuce & Tomato Salad Chilled Variety of Fruit



Celery, Black Beans, Shredded Carrots, Mandarin Oranaes, Diced Apples, Corn, Chilled Variety of Fruit

Wild Mike's Cheese Bites w/ Marinara

Corn Carrot Sticks w/ Dip Chilled Variety of Fruit

The MAX Pizza: Pepperoni, Cheese or Veggie, Corn Garden Salad Chilled Variety of Fruit

ELEMENTARY SCHOOLS

To view your student's daily purchases, lunch account balance, apply for free or reduced meals, and/or pre pay lunch account go to brewerbearcafe.com



Tyson Chicken Nuggets w/ Roll

account balance.

Mashed Potatoes Steamed Spinach Glazed Carrots Chilled Variety of Fruit

Cheeseburger or Hamburaer

Lettuce, Tomato, Pickle Vegetarian Beans Baked Tater Tots Chilled Variety of Fruit

Penne Pasta w/ Chicken Meatballs

w/ Garlic Toast Green Beans Large Garden Salad Chilled Variety of Fruit

Breakfast 4 Lunch Sausage Patty, Scrambled

Egg, Bacon & Cheese Bowl, Pancakes (2) Potato smiles Veggies w/Dip Chilled Variety of Fruit Side Kicks – Fruit Slush (100 % Juice Slush)

SPECIAL ANNOUNCEMENTS



Breaded Chicken Drumstick w/ Roll

Mashed Potatoes Glazed Carrots Chilled Variety of Fruit

Crispy Fish Sticks

Mac N Cheese Ranch Style Beans Green Beans Chilled Variety of Fruit

Beef N Cheese **Nachos**

Refried Beans Garden Salad Chilled Variety of Fruit

Breaded/ Grilled Chicken Sandwich

Broccoli & Cheese Vegaies w/ Dip Lettuce, Tomato, Pickle Chilled Variety of Fruit

The MAX Pizza:

Pepperoni, Cheese, or Veggie, Corn Garden Salad Chilled Variety of Fruit

Blue Haze, North, West & Liberty CAFE

Variety of sandwiches are available every day. Choice of skim chocolate milk & 1% white milk with meals.

Steak Fingers w/ Roll

Mashed Potatoes Glazed Carrots Chilled Variety of Fruit

Turkey Hot Dog*

Broccoli & Cheese Potato Smiles Chilled Variety of Fruit

*Nitrate Free

Cheeseburger or Hamburger

Lettuce, Tomato, Pickle Veaetarian Beans Baked Tater Tots Chilled Variety of Fruit

The MAX Pizza:

Pepperoni, Cheese, or Veggie Corn Garden Salad Chilled Variety of Full



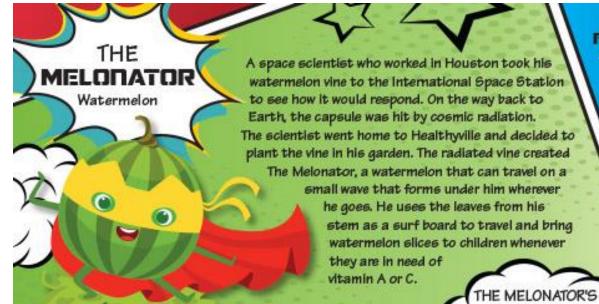
Liberty Elementary and Brewer High School will host the summer feeding program. Breakfast and lunch will be provided for all kids 18 and younger at no cost. Go to <u>brewerbearcafe.com</u> for dates and times. Call 211 for additional information and locations.











FUN FACTS

- The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt.
- Watermelons are now grown in 96 countries worldwide.
- Did you know that watermelon can be considered a fruit or a vegetable!

SWEET & SAUDRY WATERMELON SALAD

Ingredients:

- 8 pounds plus 4 ounces Watermelon, raw, cubed
- 2 pounde Spinach, baby, freeh 1 pound plue 5 ouncee Carrote, ehredded 1/2 oup Cider vinegar
- 1/2 cup Soy sauce, low sodium
- 1 T. Garlic, raw, minced
- 2 T. Ginger root, raw, minced 1/2 cup Vegetable oil

Directions:

- Wash the watermelon. Remove rind and cut into 1/2-inch cubes. Cover and refrigerate while you prepare the rest of the recipe.
- 2. Place 1/2 cup baby spinach in each service container (e.g. clear plastic container).
- 3. Top with 1/4 cup carrote.
- In a small bowl or blender, combine cider vinegar, soy sauce, garlic, ginger root and vegetable oil.
 Pulse or whisk to combine.
- Pour dressing over watermelon cubes. Wearing gloves, toss watermelon cubes very gently to distribute the dressing. Do not crush the watermelon. Just before service, place 1/2 cup watermelon cubes on top of each spinach-carrot salad.
- Refrigerate until served. Hold for cold service at 41°F or lower.

Sources: Texas A&M and Agrilfo Extension



FOLLOW THE PATH

Follow the path of each letter to their assigned box and discover the hidden word.

FAUDRITE

ACTIVITIES Surfing and Water Polo



RCH ENEMY

Salt and video

games

JOKE OF THE MONTH

Q: When do you go at red and stop at green?

A: When you're esting a watermelon.

