

JANUARY 2018

MON TUE WED THUR FRI

Good Eats at:

WSISD BREAKFAST

Special Announcements

WSISD CAFÉ

Breakfast menu

Oatmeal or Omelet w/toast or yogurt & fruit.

A good breakfast fuels you up and gets you ready for the day

HOLIDAY 1	HOLIDAY 2	HOLIDAY 3	Breakfast Burrito Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 4	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 5
Pancakes or Variety of Cereal & Wheat Toast Juice and Fruit Milk 6	Turkey Sausage w/ Biscuit or Variety of Cereal & Wheat Toast Juice and Fruit Milk 9	Cinnamon Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 10	Ham & Egg Croissant Sandwich Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 11	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 12
HOLIDAY 15	Breakfast Pizza or Variety of Cereal & Wheat Toast Juice and Fruit Milk 16	Super Cereal Parfait Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 17	Scrambled Eggs & Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 18	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 19
Pancake and Sausage On a Stick or Variety of Cereal & Wheat Toast Juice and Fruit Milk 22	Health Smart Whole Grain Mini Donuts or Variety of Cereal & Wheat Toast Juice and Fruit Milk 23	Cinnamon Toast or Variety of Cereal & Wheat Toast Juice and Fruit Milk 24	Breakfast Burrito Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 25	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 26
Pancakes or Variety of Cereal & Wheat Toast Juice and Fruit Milk 29	Turkey Sausage w/ Biscuit or Variety of Cereal & Wheat Toast Juice and Fruit Milk 30	Cinnamon Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 31		

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HAPPY NEW YEAR!

WSISD Offers

Fresh Fruits Daily!

Some examples

are:

- strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

All our vegetables

are fresh or from

frozen and

include:

- tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER