

# MAY 2018

MON TUE WED THUR FRI

Good Eats at:

WSISD BREAKFAST

**'YOU ART WHAT YOU EAT'**  
ART CONTEST  
CREATE & ENTER!  
ENDS MARCH 18!  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

Special Announcements

**WSISD CAFÉ**

Breakfast menu  
Oatmeal or Omelet w/toast or yogurt & fruit.

A good breakfast fuels you up and gets you ready for the day



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



		Turkey Sausage w/ Biscuit or Variety of Cereal & Wheat Toast Juice and Fruit Milk 1	Cinnamon Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 2	Ham & Egg Croissant Sandwich Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 3	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 4
	French Toast Sticks or Variety of Cereal & Wheat Toast Juice and Fruit Milk 7	Breakfast Pizza or Variety of Cereal & Wheat Toast Juice and Fruit Milk 8	Super Cereal Parfait Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 9	Scrambled Eggs & Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 10	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 11
	Pancake and Sausage On a Stick or Variety of Cereal & Wheat Toast Juice and Fruit Milk 14	Health Smart Whole Grain Mini Donuts or Variety of Cereal & Wheat Toast Juice and Fruit Milk 15	Cinnamon Toast or Variety of Cereal & Wheat Toast Juice and Fruit Milk 16	Breakfast Burrito w/ Picante Sauce Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 17	Wheat Cinnamon Roll Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 18
	Pancakes or Variety of Cereal & Wheat Toast Juice and Fruit Milk 21	Turkey Sausage w/ Biscuit or Variety of Cereal & Wheat Toast Juice and Fruit Milk 22	Cinnamon Toast Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 23	Ham & Egg Croissant Sandwich Or Variety of Cereal & Wheat Toast Juice and Fruit Milk 24	HOLIDAY 25
	HOLIDAY 28	NO SCHOOL 29	NO SCHOOL 30	NO SCHOOL 31	

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger



**WSISD Offers Fresh Fruits Daily! Some examples are:**

- strawberries, pineapple, apples, oranges, plums, peaches, melons, and bananas

**All our vegetables are fresh or from frozen and include:**

- tomatoes, celery, carrots, broccoli, cauliflower, cucumber, cabbage, spinach, romaine lettuce, mushrooms, radishes

Fun on b